
PRE-CLAIM CHECKLIST

By Miles Henry

STEP 1: BUDGET & GOAL

- All-in budget set (<60% of capital)
- Goal: Racing Breeding Flip

STEP 2: EQUIBASE SCAN

- Class drop <25% in 30 days
- Speed fig drop ≤8 pts
- Trainer win % ≥15%
- No huge rider drop-off

STEP 3: PADDOCK (45 min pre-race)

- No head bob
- No heat/swelling
- Bright coat
- Calm demeanor

STEP 4: WORKOUTS

- 1 work every 7–10 days
- No bullet 3 days prior

STEP 5: TRAINER

- <40% claim-to-bench rate

STEP 6: HISA VET WINDOW

- Plan to request exam if needed

STEP 7: FINAL CALL

- 0–1 red flags → CLAIM
- 2 red flags → CAUTION
- 3+ red flags → WALK

HISA Rule 2262: 60-minute vet exam window

Void if: Vet list 15+ days or death

Trainer Watchlist: _____
