

# PPID Symptom Checklist for Horses

Horse Name: \_\_\_\_\_

Age: \_\_\_\_\_

Date: \_\_\_\_\_

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## Early / Stage 1 Signs

*(Subtle changes; horse may still look mostly normal)*

- Delayed or incomplete coat shedding in spring
  - Slight hollowing over topline / mild muscle loss
  - Slight increase in drinking / urination
  - Mild lethargy / slower performance
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## Moderate / Stage 2 Signs

*(More obvious signs; horse may need veterinary evaluation)*

- Long, curly, or abnormal coat for the season
  - Potbelly appearance
  - Visible muscle loss over hindquarters
  - Fat deposits above eyes, along crest, or at tailhead
  - Increased urination and thirst
  - Abnormal sweating (too much or too little)
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## Advanced / Stage 3 Signs

*(Severe signs; immediate veterinary care needed)*

- Recurring or unexplained laminitis
  - Chronic infections (skin, foot, dental)
  - Significant weight loss despite adequate feed
  - Lethargy or marked performance decline
  - Neurological signs (wobbliness, delayed reactions)
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## Notes & Observations

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### Tips for Use:

- Take this checklist to your next vet appointment.
- Mark observed signs and note any changes over time.
- Early detection improves outcomes — catch Stage 1 signs before laminitis develops.